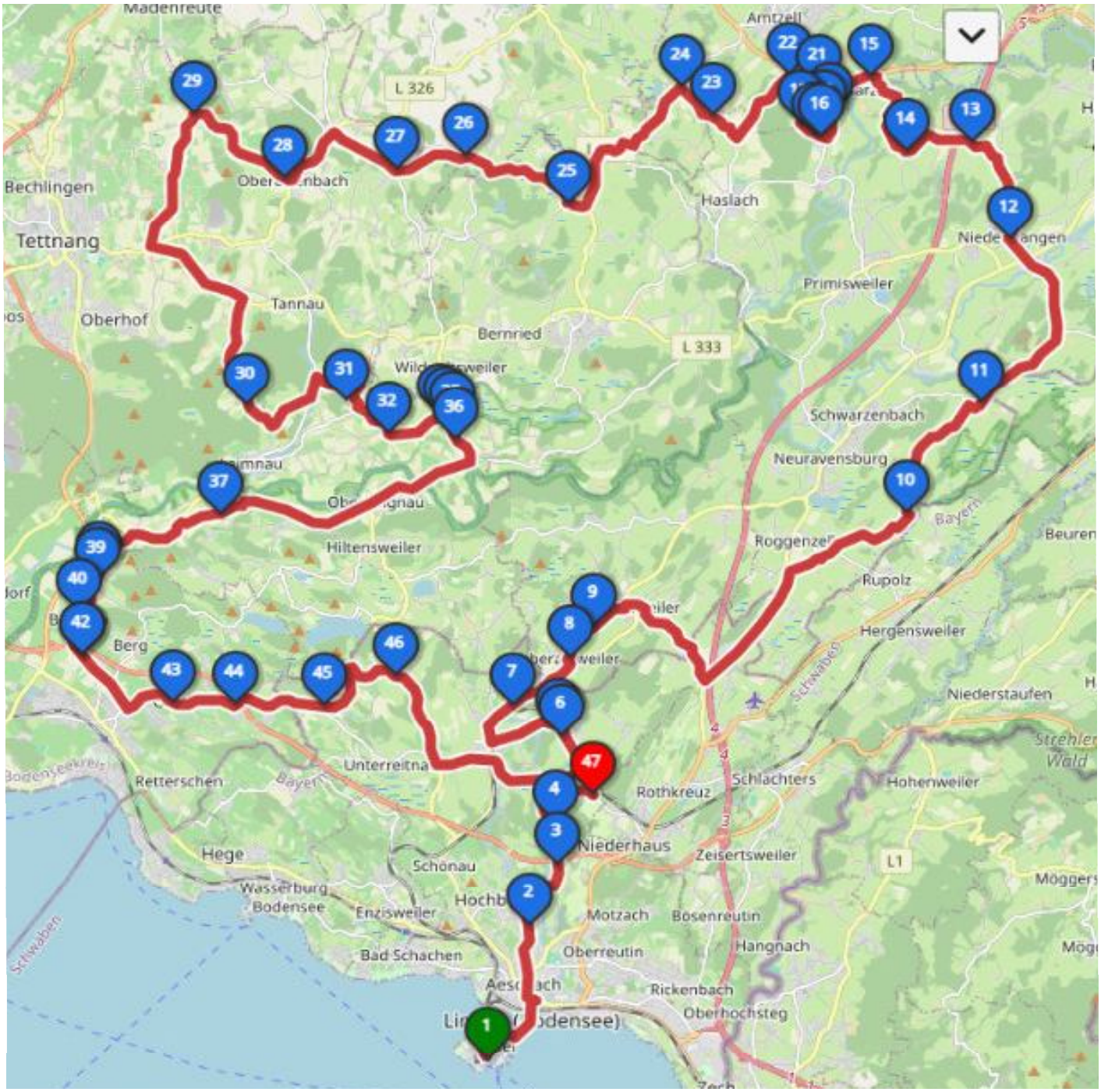LK-28 Route Vormittag (ca. 85 km; 2:10 h)